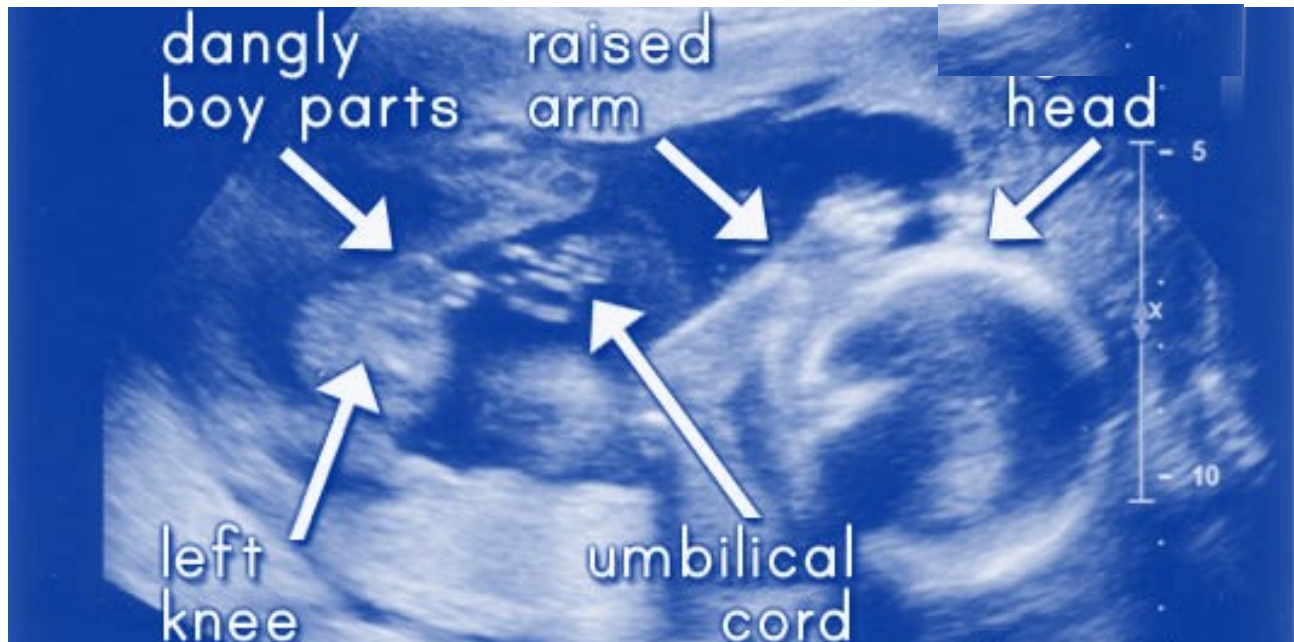




BIRTHRIGHT

ISSUE 1 of 2023



Making A Wonderful Impression

Birthright has made some changes this year and I believe it's making a wonderful impression on those we serve. First, we have monthly giveaways for our clients that are posted on Facebook. We had over 20 Easter baskets filled with assorted items for the children. Our Easter baskets were so well received that we had to post that we'd given them all out!. I believe our Facebook page is gaining popularity, so thank you if you're one of those out there sharing, and helping to make that happen. If you haven't friended Birthright on Facebook, what are you waiting for? We need you. Become our friend, share our post, and we'd very much appreciate any items you like to donate for our giveaways.

The second change is the board members of Birthright. Every year two board members termout after serving three years and two new board members come on. We are excited to welcome Ben Suter and Ruth Ann Newsum as our newest board members. Give a shout out to Ben Suter and Ruth Ann Newsum. The 2023 board members positions are Holly Thomas (President), Ben Suter (Vice President), Terri Lee (Treasurer), Audrey Haines (Secretary), along with Melissa Schmidt and Ruth Ann Newsum.

[Continue on page 2](#)

**IT IS THE RIGHT FOR EVERY PREGNANT WOMAN TO GIVE BIRTH
AND THE RIGHT FOR EVERY BABY TO BE BORN**

Making A Wonderful Impression

Birtheright is currently training Cindy Blick and Colleen Ward for new counselors at Birtheright. Birtheright is always looking for more volunteers. Stop by the office and see what its all about, it might be something you would be great at! There is one volunteer that gets very little attention or gratitude from us and that is Brad Griffith who takes care of the grass every summer for Birtheright.

Last but not least we have past and current board members helping with Birtheright's 50th Anniversary Gala. Serving on that committee is Toyla Frondorf, Emily Wiggins, Samantha Ridder, Holly Thomas, Terri Lee and Shelli Ridder. It looks like it will be a fun night of celebrations. If you have not received a save the date invitation, please let me know by emailing your name and mailing address to birtherighthutch@gmail.com.

Next time you see one of these awesome people tell them thanks for the work they do at Birtheright. I hope your year is full of fun and changes like it is here at Birtheright.

Shelli Ridder – Managing Director

Birtheright Hours

Tuesday	1:00 to 4:00
Wednesday	Noon to 4:00
Thursday	Noon to 6:00
1st Saturday	11:00 to 2:00

Would love to be open more days!

Pick a day and time that would work for you and a friend to trade off every other week.

Let's make this happen.

Wish-List

Diapers size 4 and 5 (Have plenty of baby wipes, thanks)

Summer sleepers boys and girls size 18 months - 24 months –2t (Can be gently used)

Similac Alimentum Formula (For family who makes \$150 over poverty and can't get on WICK)

Help repainting the flower boxes on the front porch.

Help with repairs inside the house.

Birthright, So Much Meaning in the Name!

Birthright as an organization recognizes that it is the right of every pregnant woman to give birth, and the right of every child to be born, a birthright. A very fitting way to use the word, however, when we became Christians, we too were blessed with a spiritual birthright. As children of God, born again into his family, we were made heirs of more than a few blessings, we're heirs to a double portion. When Jesus went to the cross, He paid the ultimate price so that we could enjoy the fullness of His Kingdom.

In the Old Testament, the word for birthright was bekorah, and in the Hebrew culture, it belonged to the oldest son in each family, and this birthright was the most valuable thing a person could have because it entitled you to three very special privileges. First of all, he was the leader of the family, and as such he would decide the direction of the entire clan. Secondly, he was the judicial authority for the whole tribe. And that means if there any kind of argument or dispute he had the authority to make a judgment. Finally, the holder of the bekorah also received a double portion of the inheritance, and that means a lot if his family was wealthy.

So, to any of my brothers and sisters in Christ reading this, you have the bekorah!! It's not by merit or because you earned it, it was bestowed upon you when you received Christ Jesus as your Lord and Savior. Always remember, He died for you, He chose you, He called you! With that in mind, take the blessing of your birthright seriously – II Peter 2: 1-11. Treasure it just like they did in the Old Testament knowing that it entitles you to a position of leadership and authority in the Kingdom of God. Not only have we received a double-portion of God's abundant treasure and goodness, but He has delegated us to share His blessings with others! Now – let's go get'em!

"If you belong to Christ, then you are Abraham's seed, and heirs according to the promise." Galatians 3:29

Toyla Frondorf

Mother's Day Sunday May 14th

Birthright will be handing out baby bottles after each Mass on Mother's Day and will have a drop off cabinet in each church the following weekends to return the bottles.

Please return the bottles no later than Father's Days Sunday June 18th.

If you would like to help hand out bottles after one of the Masses please notify me!



Thank you

I'm Having A Baby?



I was once asked how does someone carry a baby and not know they are pregnant. What is that all about? There are many names for this type of pregnancy; Cryptic Pregnancy, Stealth Pregnancy and Denied Pregnancy. During these types of pregnancy many realize they are pregnant at 5 – 6 months. The odds of this happening is 1 out of 450 women. The odds of not knowing you are pregnant until going into labor is 1 in 2,500. That's about three times more common than the chance of having triplets. So how does this work?

One of the most common reasons is birth control. Many different types of birth control makes a woman's cycle stop completely, very little bleeding or irregular cycles. Women using birth control are told they are not 100% fool-proof and believe they will not get pregnant. The odds are in their favor. Stress, new medication, athletic (over training or dieting), mental and other health issues will also make your cycles irregular, too.

Other reasons for not knowing would be the baby is not very active and how the baby is being carried. Some women will have light cycles throughout the whole pregnancy. First pregnancy some women never show and may gain just enough weight to think they need to lose weight. Or told they would never be able to have kids and can't believe they are pregnant. How many stories have you heard that a family adopted a little one and then find out they are pregnant. Or it just could be pure denial because of their age or just don't want the responsibility of being a mother.

Dr. Mary Jane Minkin an OB/GYN at Yale University School of Medicine for 35 years has seen this happen several times and said thankfully babies are pretty hearty and come into this world healthy without having prenatal vitamins. Unfortunately, the mother and father have a lot more to process that they are parents than the baby does when he or she comes into the world. The miracle of life.

If you know someone that is expecting and could use some help, please send them to Birthright. We want to Help!



Baby and Sounds

Did you know that a baby can start hearing sounds at 20 weeks in the womb. The sound is low-frequency because of the muffling effect of the amniotic fluid surrounding the little one. Some believe that the receiving low-quality sensory input may be key to some aspects of brain development.

Research has shown that premature babies have some impairments in processing low-frequency sounds and have lower test scores on emotion classification later in life compared to full term babies. They believe this is the result of low-quality sensory input they would normally receive in the womb and the brain has time to slowly process the low-frequency sounds. Whereas premature babies are exposed to the full spectrum of frequencies that they now hear in neonatal intensive care units. Which suggest that for babies born prematurely, it could be beneficial to expose them to primarily low-frequency sounds after birth, to mimic the womb-like conditions they're missing out on. They are working on testing this theory in a regular nursery and a low-frequency nursery for premature babies.

Researcher Pawan Sinha, a professor of vision and computational neuroscience in MIT's Department of Brain and Cognitive Sciences, who led the research team said. "If you provide full-frequency input right from the get-go, then you are taking away the impetus on the part of the brain to *try to discover long range or extended temporal structure. It can get by with just local temporal structure,*" Sinha says. "*Presumably that is what immediate immersion in full-frequency sound-scapes does to the brain of a prematurely born child.*"

At 30 weeks in the womb, the little one is listening to their mother talking during the last 10 weeks of the pregnancy. The vowel sounds are the loudest sound in a mother's voice and the little one she is carrying locks on to those sounds and processes them. The little one will process the different vowel sounds from mother and father; once born the little one will recognize and be familiar with their parent's voice and the bonding starts.

Researchers are currently doing studies on newborns by seeing how they process vowel sounds in their native language compared to foreign language. This was done by seeing the newborn's interest in the sounds by capturing how long they sucked on a pacifier that was wired into a computer measuring the babies' reaction to the sounds. Longer or shorter sucking for unfamiliar or familiar sounds is evidence for learning, because it indicates that infants can differentiate between the sounds heard when they were in their mother's womb.

This research is crucial to learning how newborns and toddlers absorb information and learn. Why it is easier for a child to pick up a second language compared to a high school student learning a foreign language for the first time. Scientist Patricia Kuhl said, "*We want to know what magic they put to work in early childhood that adults cannot. We can't waste that early curiosity.*"

It is known that the human body is the most complicated organism known to mankind and it is clear that the hand of God has a major role in the creation of a little one.



LIFT UP YOUR EYES ON HIGH AND SEE:
WHO CREATED THESE?

ISAIAH 40:26

Birthright

50TH ANNIVERSARY GALA

Did you receive our Save the Date? If not, our Gala is June 1st please contact us so we can send you an invitation.

Gifts for Monthly Give Away

Monday May 1st	National Mother Goose Day	Mother Goose Books (can be gently used)
Thursday May 4th	National Orange Juice Day	Individual serving of Orange Juice Bottles
Sunday May 7th	National Lemonade Day	Packets of lemonade
Saturday May 13th	National Fruit Cocktail Day	Individual serving of Fruit Cocktail
Monday May 15th	National Chocolate Chip Day	Bags of Chocolate Chips (for child and parent to bake cookies)
Saturday May 20th	National Pick Strawberries Day	Package of fresh strawberries
Monday May 22nd	National Vanilla Pudding Day	Could be instant pudding or cups of pudding
Friday May 26th	National Airplane Day	Small wooden airplane kits
Saturday May 27th	National Sunscreen Day	Baby and toddler sunscreen
	National Grape Popsicle Day	Grape Popsicles